

HOME ECONOMICS NEWS

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Federation for Home Economics



INTERNATIONAL FEDERATION
FOR HOME ECONOMICS

IFHE – TOWARDS THE FUTURE AND CONGRESS 2016

Message from the President, Carol WARREN

Dear members,

As we head towards the end of another year, we draw closer to our next World Congress to be held in Daejeon, Korea from 31st July – 6th August 2016. There has been a good response so far to abstract submissions however there is still plenty of time to submit as the deadline has been extended until 15th November 2015. All abstracts need to be submitted via the Congress website at www.ifhe2016.org

A reminder that IFHE Committee Workshop Proposals need to be submitted by the Chair of the committee. Keep an eye also on the Congress 2016 website for general information as it becomes available.

As per the usual practice, final plans for Congress will be put in place at the preceding annual leadership meetings to be held in 2016 at the University of East London, United Kingdom from 29th February – 3rd March.

The Executive Committee is also calling for expressions of interest to host the 2017 annual leadership meeting and conference/symposium. The model for the Malta meetings and conference in March this year highlighted the potential for IFHE with higher than usual attendance at the leadership meetings, more than 200 participants at the conference and a higher than expected surplus of funds for the IFHE budget.

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IFHE ANNUAL MEETING 2016

29th February –
3rd March 2016

University of
East London,
Stratford Campus,
London, UK

www.ifhe.org

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Please contact either the IFHE Office at office@ifhe.org or e-mail me at carol@hev.com.au if interested.

The deadline for submissions for Congress 2020 closes on 31st December 2015 so please refer to the guidelines in the Congress Manual which can be found in the member section of the IFHE Website. In early October I will be attending a meetings and events expo in the United States with almost 3,000 exhibitors. The meetings industry provides a breadth of support, both financial and in-kind for organisations hosting international events, so if you or your country is interested in hosting a future Annual Meeting, Council Meeting or Congress, please let me know, as I would be very pleased to source some contacts for you to connect with.

Congratulations to the Hong Kong Technology and Living Association and Congress Chairs, Theresa LAI-YEUNG and Erica LEUNG on their success hosting the recent Asian Regional Association for Home Economics (ARAHE) biennial Congress held in Hong Kong. It was a pleasure once again to attend this Congress along with several IFHE Colleagues from other regions.

Congratulations also to IFHE member Janine DUNCAN who has been endorsed by the IFHE Executive Committee as one of our representatives to the UN in New York. The Executive Committee is currently reviewing a couple of other applications however as IFHE is entitled to six representatives, there are still places available. Do give consideration to this even if you don't live in New York but may be able to attend meetings periodically throughout the year. As you will read in this newsletter, IFHE does much to support UN goals and initiatives.

IFHE was very pleased to support two nominations for the UNESCO Japan Prize for Education for Sustainable Development for IFHE Member Mona Sharaf ABDELGALIL and Victoria THORESEN, UNESCO Chair for Education about Sustainable Lifestyles and Project Manager of PERL. The announcement of the prize winners will be later this month. Thank you to all members for your continued support of IFHE. I hope to see many of you at our upcoming leadership meetings and Congress in 2016. Best wishes.

Carol WARREN

IFHE President 2012 - 2016

IFHE CALL FOR HOST COUNTRY FOR ANNUAL MEETING 2017

Based on the results of the IFHE Member Survey 2013 IFHE Members prefer to hold the IFHE Annual Meeting in different countries around the world. All IFHE Organisations or IFHE Member groups in IFHE Countries are invited to consider hosting the IFHE Annual Meeting 2017 including: the Meeting of the Executive Committee, the meetings of the IFHE Council and Programme Committees, Plenary Sessions as well as a conference or symposium.

IFHE Organisations or IFHE Member groups who are interested to host the IFHE Annual Meeting 2017 should submit their proposal by no later than January 2016 to the IFHE Executive Committee. For more information about the requirements for an IFHE Annual Meeting please send an e-mail to the IFHE Office office@ifhe.org or the IFHE President Carol WARREN at carol@hev.com.au

SOCIAL PROTECTION AND AGRICULTURE, BREAKING THE CYCLE OF RURAL POVERTY - WORLD FOOD DAY 2015

Submitted by Sidiga WASHI, IFHE President-Elect

The eradication of hunger and extreme poverty emerge as proposed Sustainable Development Goals (SDGs) in the post-2015 agenda. Despite the progress made according to the Millennium Development Goals (MDGs) achievement reports, around 780 million people in developing countries still suffer from chronic hunger and over one billion persons are extremely poor and living on less than \$1.25 per day.

The theme of World Food day 2015 is “**Social Protection and Agriculture, Breaking the Cycle of Rural Poverty**”. World Food Day started on October 16th, 1981 and is an occasion to focus the world’s attention on the importance of eradicating poverty and hunger especially in rural areas. The focus of this year is on the role of social protection in fighting hunger and extreme poverty and linking this dimension to agricultural production support.

According to the International Labour Organisation, 2014, about 73 per cent of the world’s population do not have access to adequate social protection, with the majority living in rural areas of developing countries and dependent on agriculture to make a living. Poor rural households are already constrained by limited access to resources, low agricultural productivity and poorly functioning markets, which reduces their ability to cope with economic and natural risks, and political insecurity that threatens their livelihoods.

Social protection exists when governments develop policies and programs to address economic, environmental and social vulnerabilities to food insecurity and poverty. Through cash transfers, vouchers, insurances and in-kind contributions, social protection programs enhance the income, status and capacities of poor and



vulnerable people. Social protection improves people’s access to health care and other social services, enabling them to sustainably provide for themselves and their family members.

In the absence of social protection, poor households, which are already constrained by limited access to resources and services, are at constant risk of hunger and poverty, especially when faced with a crisis or natural disasters. Social protection is critical in such cases because, the economic or in-kind support it provides prevents people from hunger although in the short term. By stimulating production, social protection provides greater income stability and the ability to manage risk, thus contributing to reducing poverty and food insecurity in the longer-term.

The Food and Agriculture Organisation (FAO) is committed to support governments and partners in addressing the main challenges for incorporating social protection into national strategies and actions to fight hunger by promoting greater policy coherence and synergies between social protection, food and nutrition security, agricultural development, natural resource management and rural poverty reduction. This can be done through incorporating social protection into national strategies and actions of most of the developing countries to fight hunger and malnutrition. As well it can be achieved by maximising synergies between social protection and agricultural policies and articulating a coordinated strategy for rural development and poverty reduction.

Moreover, progress can be made by supporting governments in expanding social protection systems in rural areas and by encouraging governments and other stakeholders, including civil society organisations to develop good governance systems.

The Home Economics Perspective

In the statement submitted by IFHE to the office of the UN Secretary General at the Commission of the Status of Women CSW, in March, 2015 it was stated that the family is seen as a group having strong social solidarity and multifaceted functions. As such, a family needs to be protected, strengthened and empowered. In most of the developing countries and especially in rural areas, women are responsible of most of the household chores.

Their tasks are multifaceted; they have a high workload managing the household and taking care of children, older and disabled persons. They are responsible for cleaning house, preparing meals and contributing to the household production and income generation. They are facing poverty, malnutrition and exclusion.

For all the above reasons, social protection programs can effectively reduce poverty, build resilience, and help catalyse agricultural and rural

development, and call for greater efforts to provide coverage for the poorest including women, especially in rural areas. If social protection, food production, food security and nutrition policies are integrated, they will help to fight hunger and extreme poverty as well as promote rural development.

If social protection programs are properly designed, they can benefit women and promote their economic and social empowerment. Similarly, they can also benefit children and youth, as social protection helps improve nutrition and health outcomes by improving household income security, which enables young people to stay in school longer, and enhances employment opportunities for youth through cash for work programs.

In conclusion, if women and girls receive education to improve their daily life management this can benefit their household and their communities. In addition, education in Home Economics in particular will improve food security, eradicate poverty, and improve quality of life and sustainable consumption and production of households and communities.

The whole article is available for downloading under <https://www.ifhe.org/1129/>

IFHE OFFICIAL PARTNER OF 10YFP SUSTAINABLE LIFESTYLES AND EDUCATION

The 10YFP Programme on Sustainable Lifestyles and Education (SLE) was launched at the UNESCO World Conference on Education for Sustainable Development in Nagoya, Japan on 11th November 2014. The mission of the SLE Programme is to foster the uptake of sustainable lifestyles as the common norm, with the objective of ensuring their positive contribution to addressing global challenges, such as resource efficiency and biodiversity conservation, climate change mitigation and adaptation, poverty eradication and social wellbeing. The SLE Programme is closely linked with other 10YFP programmes such as the Consumer Information Programme as well as key international initiatives including the Global Action Programme on Education for Sustainable Development.

4TH INTERNATIONAL FORUM OF NGOS IN OFFICIAL PARTNERSHIP WITH UNESCO

Submitted by Mona SHARAF ABDEL GALIL, IFHE Representative at UNESCO

The 4th International Forum of NGOs in official partnership with UNESCO was held at the UNESCO Headquarters in Paris on June 29th and 30th 2015. With approximately 250 participants from international NGOs worldwide, the goal of the Forum was to review the progress that has been made in the field of women and poverty. IFHE had two representatives from different countries in attendance: Jacqueline FRITSCH (France) and Mona SHARAF ABDEL GALIL (Egypt).

The Forum was hosted by Mr Eric FALT, UNESCO Assistant Director-General for External Relations and Public Information and Mrs. Martine LEVY, Chairperson of the International Conference of NGOs in the UNESCO NGOs Liaison Committee. Throughout the two days, participants were presented with data and facts from different regions of the world on the current situation and the progress that has been made.

The participants also had the opportunity to discuss together and listen to representatives from the different NGOs and get an insight into how they work. There were also thematic sessions and panel discussions debating the

NGOs best practices to fight poverty.

The Forum discussed how women can drive poverty eradication by utilising their capacities that in many parts of the world are being undermined. The United Nations estimate that if women were given the same access to land, fertilisers, water and crops for food production, more than 100 million people would be lifted out of hunger.

Education was also discussed at length, because it is widely regarded as the one key element to eradicating poverty. Education for women has many benefits; it reduces maternal mortality rate and the spread of HIV/AIDS as well as improves conditions for the whole family because educated women will have a better chance to provide for their families. As Nelson MANDELA once said: "Education is the most powerful weapon to change the world."

Moreover, the Forum also discussed that empowerment and leadership goes hand in hand and the importance of women being involved in decision-making. IFHE has been working on women's empowerment and gender equality, especially embracing all actions throughout



International Women's Day celebrations. In a statement about IFHE, "the role of Home Economics education in achieving the Sustainable Development Goals is the specific goal of confronting poverty and sustainable development.

Home Economics education programmes can enhance vocational skills for youth, employment and self-reliance, reorient students' attitudes towards rural and urban society and thus halt or refrain urban migration and enhance social and occupational mobility. Home Economics education is regarded as empowering for women to support the development of any nation.

At the tertiary level, it may be geared towards meeting the needs of the labour market for skilled personnel and to provide students with skills necessary for self-employment. There are many opportunities available to Home Economics graduates through which they can set up Business Enterprises. An enterprise simply refers to any activity by which one earns a

living. This involves personal ownership of a business or self-employment. The areas of Home Economics providing skills for job or business

opportunities for our young people for gainful employment include: Clothing and Textiles,

Food and Nutrition, Daily Life Activities Management, Household Management, Consumer Education, Child and Maternity Care. When young women and girls engage themselves in one or more of these businesses, sustainability is assured.

This implies that they will be able to acquire the essential things for daily living.

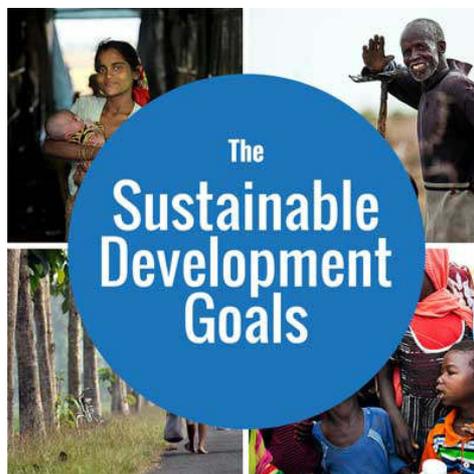
With the skills acquired, they become independent and useful.”

SUSTAINABLE DEVELOPMENT GOALS – HOW ARE THEY LINKED TO HOME ECONOMICS?

This Sustainable Development Agenda is a plan of action for people, planet and prosperity. It also seeks to strengthen universal peace in larger freedom. Eradicating poverty in all its forms and dimensions, including extreme poverty, remains the greatest global challenge and an indispensable requirement for sustainable development.

The 17 Sustainable Development Goals (SDGs) and 169 targets, which are included in the agenda, seek to build on the Millennium Development Goals (MDGs) and complete what these did not achieve. They balance the three dimensions of sustainable development: the economic, social and environmental. In its scope, however, the framework goes far beyond the MDGs. Alongside continuing development priorities such as poverty eradication, health, education and food security and nutrition; it sets out a wide range of economic, social and environmental objectives. It also promises more peaceful and inclusive societies. The new goals and targets will come into effect on 1st January 2016.

The SDGs and targets are integrated and indivisible, global in nature and universally applicable, taking into account different national realities, capacities and levels of development and



(Source: <http://www.un.org/sustainabledevelopment/s>)

respecting national policies and priorities. Targets are defined as aspirational and global, with each government setting its own national targets guided by the global level of ambition but taking into account national circumstances.

How are the SDGs linked to Home Economics?

The Home Economics

discipline deals with many of the goals and targets of the SDGs such as Poverty Eradication, Nutrition, Sustainable Consumption and Production as well as the Empowerment of Women and Girls which have been a focus of the discipline for a long time.

Now different targets of the new agenda offers an opportunity for Home Economists to show the importance of our discipline in empowering people for sustainable development. Several IFHE Statements related to the theme were accepted and published by the United Nations. In addition, the IFHE Council Committee United Nations plans to develop statements from a Home Economics perspective related to selected SDGs.

Interested Home Economists from around the world are invited to work on the statements (see “**Call for Interest**” pn page 8).

CALL FOR CONTRIBUTION “SEND YOUR IFHE MESSAGE” PROMOTING IFHE AT CONGRESS 2016 AND IN THE NEXT FEW YEARS

Dear IFHE Members,

The IFHE Congress 2016 will be an opportunity to promote IFHE and to introduce the IFHE especially to congress participants, who are not yet IFHE Members.

In the next few years also at other Home Economics Conferences in the different IFHE Regions we should strengthen our efforts to increase the number of IFHE Members.

As IFHE President-Elect in co-operation with the IFHE Council Committee Membership and Finances I am planning to start with a promotion workshop at the next IFHE Congress 2016 in Daejeon, Korea.

To find an IFHE Message, that explains the key aim, mission or enthusiasm for the next few years would like to ask all IFHE Members for their ideas and thoughts. Especially the members of the Young Professionals Network (YPN) are asked for their creative contribution.

Please send your ideas for IFHE Messages to the IFHE Office no later than 15th of October 2015. office@ifhe.org. Thanks!

Prof. Dr. Sidiga WASHI, IFHE President-Elect 2014 - 2016

CALL FOR INTEREST TO DEVELOP IFHE STATEMENTS TO THE UNITED NATIONS SDGs

Submitted by IFHE Council Committee United Nations

The IFHE Council Committee United Nations (IFHE CC UN), chaired by Carol WARREN, will develop IFHE Statements relevant to Home Economics related to the UN Sustainable Development Goals (SDGs), which will be adopted by the UN Assembly in September 2015.

Interested IFHE Experts are invited to develop a statement for the selected SDGs which are related to Home Economics and to the role of IFHE as an International Non-Governmental Organisation (INGO). Background materials which may be useful include the IFHE Position Paper Home Economics 2008, former IFHE Statements and IFHE Position Papers related to several aspects of the SDGs.

The IFHE UN CC will define the expert teams based on the interest received. These teams can start work on the statements from October, when the UN General Assembly will have adopted the goals and all related aims. The draft of the statements should be ready by the end of January 2016. The IFHE UN CC will present the drafts to the IFHE Executive Committee at the IFHE Annual Meeting in London, UK in February/March 2016. The IFHE Statements will be presented to the IFHE Council 2016.

IFHE Experts, who are interested and willing to support the development of one or two IFHE Statements, are asked to fill in the form on the IFHE Website and send it back to the IFHE Office by no later than 15th October.

CALL FOR NOMINATION: DISTINGUISHED SERVICE AWARD

Dear IFHE Members,

1. The IFHE Constitution provides for **Awards and Recognitions**

The Federation may confer the following awards and recognitions:

Distinguished Service Award (after long and meritorious service to the Federation).

2. The IFHE Awards Policy was approved by the Executive Committee in March 2015

The IFHE Executive Committee calls for nominations for the

Distinguished Service Award

The Distinguished Service Award is for long and meritorious service to the Federation.

Nominations

- Nominations should include:
 - Details of IFHE Membership history
 - A brief curriculum vitae
 - Demonstrated service to IFHE e.g. term/s of office on committees or in significant IFHE Roles, attendance and involvement at IFHE Events, support of other IFHE Members, promotion of IFHE etc.
 - An explanation as to why the contribution of the nominee to both IFHE and the Home Economics profession is considered to be outstanding
 - Why the nominee should receive the award.



- Nominations must be supported by at least:
 - Two IFHE Member Organisations (only one may be from the nominees own country)
 - Five IFHE Individual Members from at least two IFHE Regions
 - One IFHE President of Honour.
- Nominations are confidential to the Executive Committee and the decision of the Executive Committee is final.
- Nominations should be sent to the IFHE Secretariat, Kaiser-Friedrich-Straße 13, D - 53113 Bonn, Germany, e-mail : office@ifhe.org by **no later than 31st January 2016.**
- All nominees are formally acknowledged with a letter of recognition.

Selection

- The Executive Committee determines the composition of the Awards Selection Committee.
- The Awards Selection Committee recommends a candidate to be endorsed to the Executive Committee.
- No person on the Awards Selection Committee shall be nominated or nominate another person for an award.
- Only evidence provided in the nomination is to be considered.

M-HOUSE PROJECT COURSE-TOOLKIT AVAILABLE

The m-learning course “**Business Skill Explorers - From Home to Business**” includes eight modules linked to Home Economics skills. The toolkit is free of charge and includes storyboards of the modules, the course is published in a zip file with moderator guidelines.

For more information please see the video <https://www.ifhe.org/1085/>

If you are interested in receiving the toolkit, please e-mail the IFHE Office.

NEWS - IFHE REGION AFRICA

Submitted by Hester STEYN, IFHE Vice-President Region of Africa

IFHE Region of Africa looks forward to the 7th IFHE Regional Conference combined with the 1st International Conference on Family Wellbeing and Sustainable Living (ICFWSL) to take place on the 25th and 26th October in Alexandria, Egypt with the theme: **“Advance United Man and Woman: a new pathway to family wellbeing and sustainable living”**.

The purpose of this conference is to bring together as many Home Economists and all other related disciplines from Africa and all over the world to join hands in strengthening Home Economics, family and consumer studies in Africa and find a new pathway to family wellbeing in the future we want. Your presence is highly appreciated to support the collaboration between Alexandria University and IFHE and to ensure the continuation and sustainability of Home Economics education, family and consumer science studies in Africa. Join us to achieve the aims of the conference during the period 25 in Alexandria. The organising committee would like to invite you to participate in this event that covers 19 topics (Source: Conference invitation).

Prof. Mona Sharaf ABDEL GALIL and her conference committee is working on the preparation for the conference. Contact Prof. Mona ABDEL GALIL at: icfwsl2015@gmail.com for more details.

The Annual Meeting of IFHE Region Africa will also take place on the 25th October in Alexandria, Egypt. The Ghana Home Economics Association celebrates their 50th Anniversary with their 40th Biennial Conference **“GHEA@50, Helping Consumers Develop Healthy and Sustainable Choices”**, contact ghea_accra@yahoo.co.uk.

Other conferences planned in the region:



1st International Conference on Family Wellbeing and Sustainable Living (ICFWSL 2015)

**7th IFHE Africa Regional Biennial Meeting,
25-26 October 2015- Alexandria - Egypt**

INVITATION

The **Home Economics Research Association Nigeria (HERAN)** International Conference 2015 is to be held at the University of Nigeria, Nsukka from 18th - 22nd September 2015. For more details contact comfortusoroh@yahoo.com.

The South African Association of Family Ecology and Consumer Science (SAAFECs) plan the 12th International SAAFECs Conference with the theme **“Consumer Science for Africa”** to take place from the 22nd to the 26th February 2016 in Richards Bay, South Africa. Contact dupreezc@unizulu.ac.za or conferencepl@gmail.com for further details.

Prof. Elizabeth KEMBE has been recently appointed as the Director of Gender Studies University of Agriculture, Makurdi, Nigeria. The directorate is to initiate policies and programs on gender related issues for the university, provide proper coordination and networking on gender issues and



facilitate gender mainstreaming, capacity building and sharing of ideas on gender content and evaluation. Prof. KEMBE's appointment in this position is not only a personal achievement it is important for the Home Economics professionals in Nigeria but also in the whole of Africa and in general for the Home Economics Profession. Congratulations Prof. KEMBE!

REPORT FROM IFHE-US

Submitted by Carol ANDERSON, IFHE-US President and Sharon McMANUS, Director, IFHE-US Development Fund

IFHE-US had a series of successful activities during the American Association of Family & Consumer Sciences Annual Conference & Expo in Jacksonville, FL in late June.

The cultural evening is always a special time and as usual the program, music, and food were excellent. We were able to add money to the development fund and are looking forward to seeing funds awarded to projects during the 2016 Congress.

A Spanish cultural evening was held at River City Brewing Company with a spectacular view of the St. Johns River in Jacksonville, Florida. Seventy-five IFHE-US and AAFCS members and friends enjoyed a river taxi ride from the hotel to the restaurant for a delicious

Mexican buffet with Spanish guitar music by the Fermin Duo. The Honourable Judge Tatiana SALVADOR gave some insightful information about the influence and contributions of Hispanics to Florida's rich culture and heritage. Nearby St. Augustine was settled 55 years prior to the Pilgrims landing at Plymouth Rock in 1620 and is celebrating its 450th anniversary.

Hispanics are not one nationality, not one race, nor one culture. The term Hispanic or Latino, as defined by the U.S. Census Bureau, refers to South or Central American, Puerto Rican, or other Spanish culture or origin regardless of race. Hispanics are a greatly diverse people. Florida has the third largest population of Hispanics in the nation. The majority of Florida's Hispanics trace their roots to Cuba, Puerto Rico, and Mexico. Florida's Hispanic citizens have enriched the communities with their traditions, customs, and

cultural practices while pursuing the "American dream".

Judge SALVADOR has been a member of the Florida Bar since 1994. Judge Salvador is a founding member and past president of the Hispanic Bar Association and is the only Hispanic

female judge in North Florida. She was appointed by Gov. Rick SCOTT to the 4th Judicial Circuit Court in 2012. She was re-elected without opposition in 2014, winning a six year term that expires in 2021.

Members of IFHE-US were proud to celebrate with Deborah T. TIPPETT, Ph.D. when she was recognised with the AAFCS

Distinguished Service Award. This is AAFCS's highest recognition and

honoured her as she continues to make significant and valued contributions to the international community. Dr. TIPPETT engages students and other faculty members in international experiences that contribute to their knowledge and involvement in the world community. Dr. TIPPETT usually attends the IFHE Congress and makes a presentation/poster based on her current scholarship.

The mentoring project with leadership from Mary WARNOCK, Jacky WARNOCK, Deborah TIPPETT, and Ruth Ann BALL continues to move forward. This project is designed to mentor individuals with a new membership in IFHE and IFHE-US. A presentation was made and it is hoped the project can be shared internationally as part of the 2016 Congress.



Ph.D. Deborah TIPPETT receives AAFCS Service Award (Source: AAFCS)

WANDA MONTGOMERY (1925 – 2015)

This story about Wanda MONTGOMERY was developed from Wanda's hand written notes found in her household items by her sister Rosemary Van Atta.

Compiled by Genevieve (Jenny) A. SCHROEDER, Ph. D., CFCS, IFHE

Wanda MONTGOMERY was a teacher of the world. Her early education began by walking to a one-room school in Hancock County in north-western Ohio, near Bluffton.

She entered The Ohio State University during WW II and completed a BS in Home Economics Education and a MS in Textiles and Clothing and later a Ph.D. at the University of Minnesota.

She started teaching High School Home Economics the year the war ended and one of her new experiences was learning to drive to visit students in their homes. Her teaching led her to Cornell University where she served as a 4-H Extension clothing specialist.

An opportunity to do something internationally came with the Fulbright grant to teach in a girl's school in Rangoon, Burma, now Myanmar. In addition to teaching, with the assistance of a Burmese faculty member at Judson College in Rangoon, a research study was done with regard to family life in Burma. After the position in Burma, she returned to Ohio State Department of Education working as a State FHA Advisor and supervising Home Economics teachers in western Ohio.

Because of the experiences in Burma, Wanda was selected to be one of the members of the first group of Peace Corp volunteers and served in Thailand. During her two years there, she taught Home Economics as well as English at the Songkha and the Bangkok Technical Institute. While in Bangkok she also worked in community development with women and youth programs sometimes assisting Home Economists in the Ministry of Education. Wanda assisted the Thai Home Economics Association hosting the 1996 International Federation for Home Economics (IFHE) Congress and Council Meetings.

While in Burma, Wanda had contacted a nutritionist from UN FAO to assist building a mud stove to use in the classroom. Later she was employed to work with Community Development. They were just starting to work with women in the villages and asked for help with their training of women to work there. The Danish government was also involved building the training centre. Wanda was involved in the building of the Training Centre and buying village appropriate equipment, developing a curriculum with Nigerians who would assist teaching/training women who would work in the villages and the selection of trainees as well as some of the teaching of the first groups of trainees. The next international assignments were again with FAO in Botswana, Lesotho, Swaziland and Malawi.

In retirement, she was Coordinator for the "Global Connections" AHEA/AAFCS project funded by US AID. Wanda served International Home Economics Services (IHES) as treasurer, president, and other officer positions. She sites as mentors Helen STROW, WEAVER and Dr. Dorothy SCOTT, Head of the School of Home Economics at The Ohio State University.

Wanda was born May 22nd, 1925 and celebrated her 90th birthday in 2015. Indeed, Wanda lived a life filled with many educational experiences helping people around the world and in the US. She achieved well-deserved membership into the honour societies of Pi Lambda Theta, Phi Upsilon Omicron, Kappa Omicron Nu, and Phi Delta Kappa, for her accomplishments. What a role model for all! Please see the full version of the article on the IFHE Website.



NEW HONDURAS GLOBAL/HOME ECONOMICS/FCS PARTNERSHIP INITIATIVE

Submitted by Juanita MENDENHALL

April 22nd, 2015, following the World Home Economics Day celebration, an inquiry was received by IFHE from several members of the Region of the Americas, regarding a request from Honduras Global to help establish a Home Economics education program for youth that currently have no hope without training in their country. The request was formally sent by Leda HERNANDEZ, Honduras Global Vice-President for Europe. Those receiving the request responded with interest and IFHE asked Juanita MENDENHALL to coordinate follow-up discussions. Juanita MENDENHALL, Nancy GRANOVSKY and Leda HERNANDEZ held an exploratory meeting on July 26th, 2015, in Houston.

Honduras Global is a Non-Governmental Organisation (NGO). It was founded in 2011 but already has a track record of starting a seed bank in eighteen towns in rural, western Honduras and working to develop a coffee growing cooperative that now has grown significantly. These projects are going well and are expected to expand as they demonstrate success. They have an office on the University campus in the capital city of Teugeigalpa and a written Memorandum of Understanding with the Government to operate within the country. A major goal is “to open new perspectives for youth” through education and training, enabling them to survive and thrive in Honduras as opposed to the brain drain and immigration issues that cause youth to leave Honduras in large numbers.

Upcoming Projects - Home Economics

Our priority role in upcoming projects as anticipated by Honduras Global would be “the transfer of knowledge and expertise in Home Economics”. Currently there is no “Home Economics” program in Honduras but there are some “career centres” with limited content and facilities. Particular areas of interest identified were: foods and nutrition (including gardening and production), food processing, food labelling, tourism, hotel restaurant management, use of technology and on-line learning, including using SKYPE for Home Economics education, financial and resource management, entrepreneurial development and management, child development, safety and home management, clothing related areas. Most likely we would be training the “trainers.” The scope of the project currently being considered is all located in western “Departments” (regions) of the country, targeting first Santa Barbara, then Jutiapa and Nacaome. In October, Mary KEITH, IHES Board member, plans to travel with Mrs. HERNANDEZ to all three areas, making an assessment of circumstances based on our questions that will be the basis for further involvement in the initiative (phase 1). If, as anticipated, phase one is positive and our collaborators agree to proceed, phase two will take place. Nancy GRANOVSKY has agreed to conduct a week of visioning and planning workshops with key players in Santa Barbara, assuring appropriate targeting of our expertise and resources. Phase three would involve detailed planning, including appropriate approval for all aspects of the project and implementation.

Moving Forward

The Honduras Global/Home Economics/FCS Partnership Initiative is a **New Model**. Successful collaboration will be key in developing and carrying out the initiative. Because the Disaster Assistance Partnerships and the International Home Economics Services does play a coordinating role already, we are willing to continue the coordination efforts but anticipate that we can count on IFHE-US, AAFCS-Global Perspectives, CAHE members and hopefully, the Canadian Home Economists to be full partners as plans unfold. Our international organisations within the US and Caribbean have a large number of qualified persons interested in contributing to the Honduras Global initiative. Honduras Global is eager for us to bring this expertise to the youth of Honduras. Ideally, this will become an IFHE Region of the America’s Initiative.

FAMILY MEALS: A LITERATURE REVIEW FOR EAHE

Submitted by Gerda CASIMIR, IFHE Vice-President Region of Europe

To encourage a common European research agenda, two groups of international and interdisciplinary students' of Wageningen University, the Netherlands, performed a study in the framework of a course called "**Academic Consultancy Training**". In this course, multidisciplinary groups of advanced masters' students from all over the university execute assignments of external commissioners.

The first group, September - October 2014, identified six possible topics for Home Economics in the field of health and nutrition: cooking shows, family meals, men in the kitchen, nutrition standards and limits of competitive food at schools, doctors are not nutrition experts, supply chain power, food perception and why humans like junk food. The second group, May - June 2015, proceeded with the topic Family Meals and gave an overview of existing literature in that field. They justified their choice with the fact that food consumption and health are closely related. Since in Europe, most food is consumed at home, it seems promising to increase healthy food consumption by addressing family meals. Their literature review aimed to deliver a detailed picture of the current knowledge level. The students decided to focus on adolescents and on articles referring to Europe and the United States. This resulted in 194 scientific articles. Five main categories were identified: trends, family situation, socio-demographic characteristics, wellbeing, and meal management.

Common knowledge suggests family meals are on the decline, but literature shows contradictory results. Decline is dependent on norms and values consumers have about family meals. An increase in technological devices during the last decades resulted in more meal skipping among adolescents. However, technological devices give also subjects to talk about. Parents play an integral role in the development and maintenance of their child's eating behaviour. Family functioning might be strengthened when having regular family meals. However, the parents' perception of family meals and related barriers, such as time and money, are also very important.

Culture, parents' education level and maternal employment status were also related to family meals. Lots of literature is available on the beneficial effects of family meals on mental and physical wellbeing. It is associated with a better socialisation and communication, higher self-esteem, better dietary quality and a lower BMI. Besides, lower substance use and less eating disorders were identified. Effective meal planning and meal preparation are also needed to have more frequent family meals. The involvement of the adolescents might have beneficial dietary effects. On the **basis of this study, follow-up research is advised, with the following topics:**

Trends

- Media as an educational and motivational tool
- Family meals outside the home environment.

Family situation

- Children influencing parents.

Socio-demographic characteristics

- Differences in perceptions on family meals by adolescents and parents.

Well-being

- Direct relationship between family meals and health status
- Differences within Europe and other factors influencing health apart from family meals.

Meal management

- Distinguishing between family meal types
- Duration of family meals
- Involvement of adolescents in meal management.

As commissioners of this assignment, Stefan WAHLEN and Gerda CASIMIR are currently looking for interested participants for future research. In case you are interested in family meals, please contact either Gerda (gerda.casimir@wur.nl) or Stefan (stefan.wahlen@wur.nl).

CALL FOR EXPRESSION OF INTEREST - EXPERT OR MODERATOR IN A SESSION OF THE IFHE UNITED NATIONS CC AT IFHE CONGRESS 2016

Submitted by Carol WARREN, Chair of the IFHE Council Committee United Nations

The IFHE United Nations Council Committee is planning a **“World Café” Session at the IFHE Congress 2016 related to the following UN Sustainable Development Goals of the Post 2015 Agenda. The goals most relevant for Home Economics are:**

Goal 1 End poverty in all its forms everywhere.

Goal 2 End hunger, achieve food security and improved nutrition and promote sustainable agriculture.

Goal 3 Ensure healthy lives and promote wellbeing for all at all ages.

Goal 4 Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

Goal 5 Achieve gender equality and empower all women and girls.

Goal 12 Ensure sustainable consumption and production patterns.

At the World Café Session participants will discuss the relationship to Home Economics of each goal at six tables. The Committee invites IFHE Members who are experts in one of the areas related to a goal to present the most relevant

background information at the Congress session

(we encourage experts from both developed and developing

countries). In addition, the IFHE CC UN invites IFHE Members, who are willing and have experience with this presentation format to moderate the discussion at the tables.

All interested IFHE Members should send their interest with a short description of their professional background related to the task at the world café (no more than 500 words) by 15th October. Please note that the IFHE does not have any financial resources to cover any costs (traveling and accommodation or registration fee for congress) for experts or moderators who participate.

Please send your interest to the IFHE Office e-mail: office@ifhe.org. Experts and moderators will be notified by 1st November. The final programme of the session will be submitted as an abstract to the IFHE Congress Organising Committee. If you have any questions, please feel free to contact the IFHE Office.



NEW ENGLISH WEB PAGE OF JAPAN ASSOCIATION FOR HOME ECONOMICS

Submitted by Rie IMOTO, Kagawa Nutrition University, Japan

The English page of the Japan Association of Home Economics Education is ready to be viewed. Especially look at “Publications” page.

1. PDF files of English abstracts of papers and several English written papers from Journal of the Japan Association of Home Economics Education from 2008 to the current issue are uploaded.
2. “*Serial* Home Economics Education in Japan” began in 2014. We are going to add the

report from now on.

3. Book “Home Economics Education in Japan 2012” is uploaded in PDF files.

4. Several Poster Presentations are uploaded. <http://www.jahee.jp/eng/publication.html>

So please look at the page, and get more information about Home Economics education in Japan.

IFHE SECTION SWITZERLAND – NEW WEB PAGE

Submitted by Franziska HONEGGER, Chair IFHE Section Switzerland

In June 2015 the Swiss Section published a new web page. The goal of that relaunch is to present easy accessible information to our established members and to attract new members.

The web page features a fresh, modern design with a clear structure and is also suitable for access on mobile devices. It acts as an attractive business card for the IFHE Section Switzerland, to communicate and negotiate with potential future (sponsoring) partners. Have a look for yourself: Please visit us on www.ifhe.ch and contact us via willkommen@ifhe.ch

We are happy to publish your experiences in the field of Home Economics, such as best practice examples on our web page. Under the heading “3 Questions to...” we regularly present Swiss and international IFHE Members and their connection to IFHE and Home Economics in order to enhance the visibility of our diverse membership structure.

Together with the relaunch of the web page, AGRIDEA, member of IFHE Section Switzerland and host of IFHE Swiss Office, installed an outdoor sign with the IFHE Logo to show its commitment for the organisation and the field of Home Economics.



IFHE GERMANY DONATED FOR THE TANZANIA HOME ECONOMICS ASSOCIATION ORPHAN PROJECT

Submitted by Dorothea SIMPFENDÖRFER, IFHE Liaison Germany

For many years, the Tanzania Home Economics Association (THEA) supports women and families who take care for orphans who lost their parents because of HIV.

TAHEA motivates, educates and supports the women so that the orphans can stay in their social environment. Most of the women take care for several children. They build a new family, children visit school and are educated. The German IFHE Members collect money in Germany at meetings and conferences of Home Economic associations to support the Orphan Project of TAHEA over several years. The donation enables TAHEA to pay the school fees for several children to attend the High School in Mwanza.



Dorothea SIMPFENDÖRFER, Chair of the German IFHE Section has close relation to TAHEA and visits their projects every second year. In 2015 the German IFHE section donated € 2,000 to TAHEA for their Orphan Project.

CALENDAR OF EVENTS

2015

18th – 22nd September 2015

40th Biennial Conference – Ghana Home Economics Association

“GHEA@50, Helping Consumers Develop Healthy and Sustainable Choices”

Ghana

25th – 26th October 2015

27th IFHE Africa Regional Meeting and 1st International Home Economics Scientific Conference

“Advance United Man and Woman - A new pathway to family wellbeing and sustainable living”

Alexandria University, Faculty of Special Education, Department of Home Economics - Alexandria, Egypt

2nd – 6th November 2015

4th Family and Consumer Sciences Society of Nigeria (FACSSON) Conference 2015

“Global Trends and Family Sustainability”

Adeyemi Federal University of Education – Ondo, Nigeria

18th – 20th November 2015

2015 AFCPE® Annual Research & Training Symposium

“Building the Bridge from Research to Practice”

Hyatt Regency - Jacksonville, FL, USA

2016

29th February – 3rd March 2016

IFHE Annual Leadership Meeting

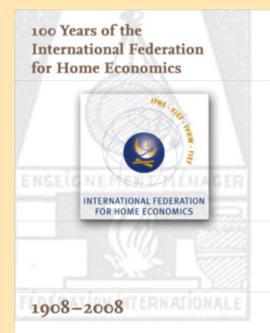
University of East London (UEL), Stratford Campus, Water Lane - E15 4LZ London, UK

13th – 14th May 2016

9th International Scientific Conference “Rural Environment, Education, Personality (REEP-2016)”

Latvia University of Agriculture, Institute of Education and Home Economics – Jelgava, Latvia

ORDER YOUR OWN IFHE HISTORY BOOK!



Order forms can be downloaded from the IFHE Website or use the online order form under <http://www.ifhe.org/1058/>.

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President:

Carol WARREN, Australia
E-mail: carol@hev.com.au

General Office:

Kaiser-Friedrich-Str. 13,
D – 53113 Bonn, Germany
Phone: +49 (0) 228 – 921 25 90
Fax: +49 (0) 228 – 921 25 91
Email: office@ifhe.org

Website: www.ifhe.org

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Please submit information and articles for this issue by **November 1st 2015** to IFHE Office Bonn, Germany